FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB Number:	3235-0287
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Ferson			2. Issuer Name and Ticker or Trading Symbol DYNEX CAPITAL INC [DX]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
IGDALOFF BARRY			[]		Director	10% Owner		
					Officer (give title	Other (specify		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year)		below)	below)		
C/O DYNEX CAP	ITAL, INC.		01/09/2006					
4551 COX ROAD,	SUITE 300							
(Street)			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indiv	idual or Joint/Group Filing (Che	eck Applicable Line)		
GLEN ALLEN	VA	23060		X	Form filed by One Reporting	g Person		
GLEN ALLEN	VA	23000			Form filed by More than One	e Reporting Person		
(City)	(State)	(Zip)						
(City)	(State)	(ZIP)						

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution Date, if any	xecution Date, Transaction D		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr.	or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	Amount	(A) or (D)	Price	3 and 4)		(1150.4)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transac Code (li 8)		Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		
Series D Preferred Stock ⁽¹⁾	\$10	01/09/2006		J ⁽²⁾			69,773	08/08/1988 ⁽³⁾	08/08/1988 ⁽³⁾	Common Stock	69,773	\$10	209,316	D	
Series D Preferred Stock ⁽¹⁾	\$10	01/09/2006		J (2)			61,734	08/08/1988 ⁽³⁾	08/08/1988 ⁽³⁾	Common Stock	61,734	\$10	185,202	I	By Rose Capital

Explanation of Responses:

- 1. The full name of the Series D Preferred Stock is "Series D 9.50% Cumulative Convertible Preferred Stock."
- 2. The reported securities were disposed of in a mandatory redemption by the Issuer, pursuant to the terms of the designation of the preferred stock in the Issuer's Articles of Incorporation, at a price equal to their stated issue price of \$10.00 per share.
- 3. The Series D Preferred Stock is immediately exercisable and has no expiration date.

Stephen J. Benedetti, Attorney-In-Fact 03/07/2006

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

 $Note: File \ three \ copies \ of \ this \ Form, \ one \ of \ which \ must \ be \ manually \ signed. \ If \ space \ is \ insufficient, \ see \ Instruction \ 6 \ for \ procedure.$

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.